

TELL US ABOUT YOUR LIFE.

Please take a moment and try to answer the following 4 questions before your visit with the doctor. It may help you to think about your family and friends, your work, your neighborhood, your finances, your faith, your emotions, your sleep, your eating habits or what you do for fun while you answer these questions.

Tell us one NON-MEDICAL thing about your life that you think the doctor should know. (Where did you grow up? What do you do when you aren't at the clinic? What makes you famous?)

What is one thing your doctor is asking you to do for your health that is helping you feel better?

What is one thing your doctor is asking you to do for your health that feels like a burden or feels harder than it should?

Where do you find the most joy in your life?

Patients and clinicians, we'd love your feedback on this tool. Our goal is to make it easier for patients to talk about what is important to them and how healthcare is fitting into their lives. You can reach out (and find other tools and programs) at patientrevolution.org.

The Patient Revolution is an action and advocacy movement for careful and kind patient care.

